Camp Abilities Four Corners gives blind youth a chance to play, compete

TODAY'S NEWS-HERALD

Blind and visually impaired youth from across the Southwest gathered this month for the fourth annual Camp Abilities Four Corners, a sports and recreation camp headquartered at Cameron Trading Post in Cameron, Arizona.

Campers from Arizona, New Mexico, Colorado and Utah participated in a range of physical activities that many cannot access in their schools. Over the course of the week, they rock climbed, wrestled, boxed, practiced yoga, and played golf, basketball, soccer and goalball. They also swam, hiked Sunset Crater's Lava Flow Trail and Horseshoe Bend, and rafted down the Colorado River.

The camp aims to offer inclusive athletic experiences to blind and visually impaired youth. Camp Director Vicki Numkena said the goal is to empower each camper through physical challenge and shared achievement. Camp organizers are already planning next year's program, set for June 8-13, 2026.

Lake Havasu City residents and organizations played a major role in supporting the camp.

Local contributors included the ladies of the QBQ golf league, Sunrise Rotary of Lake Havasu, and several area golf courses and restaurants.

These included Los Lagos, Bridgewater Links, Lake Havasu Golf Club, Emerald Canyon, Iron Wolf, Huukan, Laughlin Ranch, and Custom Golf and Repair, as well as London Bridge Resort, Mohave Golf Resorts, Shugrue's, Javalina Cantina, Cha-Bones, and Barley Brother's.

"The support we've received from Lake Havasu City has been incredible," said Kathryn Hammond, a board member and golf instructor with the camp.